






Special Interest Groups (SIGS)

All groups involve some learning, often some eating, fun, and always the pleasure of doing things with friends. The “why join?” describes the overall purpose of the group. Please go to the website to read the details about each SIG. When you first join the UPWC, you may not know which groups you want to join. When you figure it out, go to your Profile on the website and indicate your group interests. You will receive notifications about events from the website and when important, from the Chair of the group.

WHY JOIN?	GROUP NAME	DESCRIPTION
	Joy of Eating (Date and times vary)	If you enjoy eating and drinking fine wines with others, this group is for you. The group decides on a menu, assigns dishes to cook, and gathers in a member’s home to celebrate a holiday or different cuisines around the world.
	Lunch Bunch (2 nd Tues or Thurs)	These ladies get to know their community by having lunch in new and old restaurants around town.
	Let's do Lunch (4 th Tues)	New members meet for lunch at the UPCC Park Grille to get to know one another and learn more about the Women’s Club.
	Gadabouts (Date and times vary)	The Gadabouts enjoy visiting interesting places and attending social events for pleasure and for fellowship.
	Games (1 st /3 rd Tues)	Twice a month, ladies gather to learn a new game – maybe it will be yours! Members are encouraged to bring their own games to share.
	Ladies Night Out (Date and times vary)	Ladies Night Out has planned a wonderful variety of events to enjoy here at the club and out and about our nearby communities. Theater, jazz, boat trips – lots of fun evenings planned.
	All Things Victorian (2 nd Fri)	If you have always been excited by this period of history, join this group to explore the Lifestyle, Literature, Art, Science -- and All Things Victorian.
	Book Club (3 RD Mon)	Read a good book and talk about it with friends at the Book Club. The choices selected by the group for this year are listed on the SIG page.
	Movie Club (4 rd Tues)	The movie club is for cinema enthusiasts, casual movie goers and those who enjoy the fanfare associated with movies. A film is selected two weeks in advance of the meeting to view beforehand and be prepared to discuss at the meeting.
	Play Readers Group (1 st Wed)	And the play goes on! In our homes with members reading a script and bringing the characters to life. Members select the play, get a copy of the script and select a character to play.
	Poetry Readers (2 nd Mon)	Robert Frost once said: “Poetry is when an emotion has found thought and the thought has found words.” If this quote resonates with you, join this Group.

	Fine Arts Group (1 st Fri)	The purpose of the Fine Arts Interest Group is to provide education, encouragement and inspiration to our practicing artist members through demonstrations, mini workshops and videos, as well as a variety of programs related to all fine art forms.
	Conversational French (2 nd Mon)	This group is for those who want to freshen up their rusty French and practice speaking everyday French with confidence. Members should have a minimum of 2-3 years of French in school.
	Gardeners Group (1 st Thurs)	This group enjoys a variety of hands-on activities as well as visits to various places of interest that relate to the environment and are related to gardening. Some members are avid gardeners, some don't garden at all.
	Needlecraft (2 nd Mon)	If you enjoy needle arts such as crewel, knitting, crocheting, counted cross stitch, hardanger and needlepoint, then you have found your soul sisters.
	Spanish Conversation Group (3 rd Thurs)	This group meets for 90 minutes for a total immersion period of conversation with native speakers. Topics are selected ahead of time to allow members to prepare.
	Memoir Writing Grp 1 (3 rd Fri)	Memoir writing is a popular group – so there are two! If you have started (or want to start) writing a memoir or stories about family history and would like to meet fellow writers for inspiration, constructive feedback and fun, this is the group for you!
	Memoir Writing Grp 2 (3 rd Fri)	One group meets in the morning; the other meets in the afternoon.

If a group is full and open only to current Group members, the SIG information page will direct you to contact the Chair to indicate your interest in joining when a space opens up. Current examples of this include French Conversation and the Movie Club. If interest in a particular group grows very large, another group may be formed when a member volunteers to chair the group. An example of this is Memoir Writing Groups 1 and 2.

It's as easy as 1, 2, 3 – and 4.

1. Go to universityparkwomensclub.com and sign in.
2. Select "SIGS" to read more about the Special Interest Groups.
3. Select "Upcoming Events", find an event, and click Register! If it is full and there is a Waitlist, add yourself to the Waitlist. The Chair will contact you if a space opens up.
4. If for some reason you can't attend, be sure to go to the event and cancel your registration, so that someone on the Waitlist can attend.

If you want to receive regular notices about SIG events, be sure to go into your Profile and tick off your interest in these groups. Here's how:

1. Click on your name in the upper right corner of the screen.
2. In the dropdown menu, click on View Profile.
3. In the next screen, click on "Edit Profile" (left side) and scroll down to "Group Participation". Select the group(s) and save.